

SHERAB | TENZIN TSERING | AKU TRAK | TENZIN MELAK | TSULTRIM TENZIN | NGOSHI CHOEDON | LOSANG GYATSO | LATE JIGME CHOEDAK | MOIRA | LOBSANG TSEWANG | MONSAL PEKAR

Dharamshala Khadhok Art Exhibition

UNSETTLED

Nov 1st - 16th, 2024

KESANG LAMDARK | TSERING CHODEN | JIGME NAMDOL | TENZIN GYURMEY DORJEE | TENZIN DOLKER | TASHI NYIMA | CACTUSHASTSERMA | KARMA SICHOE | LATE CHUNGPPO TSERING



Featured Artists

AKU TRAK

LATE CHUNGPO TSERING

JIGME NAMDOL

KESANG LAMDARK

LOSANG GYATSO

MONSAL PEKAR

SHERAB

TENZIN DOLKER

TENZIN MELAK

TSERING CHODEN

CACTUSHASTSERMA

LATE JIGME CHOEDAK

KARMA SICHOE

LOBSANG TSEWANG

MOIRA

NGOSHI CHOEDON

TASHI NYIMA

TENZIN GYURMEY DORJEE

TENZIN TSERING

TSULTRIM TENZIN

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UNSETTLED

Khadhok Group Art Exhibition 2024

What does it mean to belong? Is it a place, a feeling, or something within us? Perhaps belonging is not a destination but a journey—a restlessness shaping who we are. Between where we stand and where we dream of being lies an “unsettledness” that urges us to evolve, adapt, and imagine beyond the present.

“Unsettled” explores this shared journey—searching for meaning, identity, and home amid displacement. In this in-between space, we artists find our creative pulse, connecting our diverse voices. Each artwork tells a personal story, yet together we form a collective narrative, balancing memory and hope.

In our work, you may discover a piece of yourself. We don’t offer solutions or closure; rather, we invite you to inhabit this space of restlessness with us, to find beauty in the unresolved, and comfort in your own unsettledness. Our creations speak of loss, survival, identity, and transformation—they remind us that to be Tibetan is to live between what was and what could be.

As you move through this exhibition, remember: to be unsettled is to be alive. In this state lies our greatest potential for growth, understanding, and reimagining what it means to belong. To be unsettled is to embrace the journey of becoming.

Khadhok

A Tibetan Artists' Collective

Khadhok embarks on a mission for creativity and cultural expression within the heart of Dharamshala, India. Our collective, named after the Tibetan word for "colour," embodies the vibrancy and richness of Tibetan expression. Central to our mission is to create a dedicated space for Tibetan contemporary artists to exhibit their creations. In doing so, we aspire to create an artist community spanning diverse age groups, encouraging mutual support and connections. Khadhok also places significant emphasis on raising awareness about the importance and value of art within our community, with a particular focus on the grassroots levels. We do this by organising art workshops and discussions in various schools, thereby preserving the unique Tibetan culture and identity through artistic endeavours. The collective's present members include Tashi Nyima, Tenzin Melak, and Lea Taake.

Our group was founded in 2023 with our first-ever exhibition honouring the life and art of our late artist friend Jigme Choedak. Held at the Old Tibet Museum in the temple complex of The Dalai Lama in Dharamshala, the exhibition garnered overwhelming support from the community, drawing over 1000 visitors in three days who marvelled at the contemporary Tibetan art on display. At the start of 2024, we hosted our second group exhibition at The Other Space in Dharamshala, marking our first collaboration with a gallery.

From August to September 2024, we organised our first ever Youth Art Engagement Project which included workshops, as well as a children's art exhibition at The Kangra Art Museum, Dharamshala. Designed to encourage reflection on Tibetan identity in exile while nurturing artistic expression, the one week-long exhibition resonated deeply with the local community, drawing significant attention from students and visitors. The artworks not only showcased individual dreams but also the resilience of a generation distant from their homeland, offering a unique window into the emotional and cultural landscapes these children envision.

"UNSETTLED" marks our biggest, two-week-long exhibition so far, and is the second of our annual Khadhok Group Art Exhibitions.



Artwork & Purchasing Information

The artworks featured in UNSETTLED reflect the rich diversity and creativity of Tibetan contemporary artists, offering unique perspectives on themes of identity, resilience, and the Tibetan experience. Each piece in this collection is crafted with thought and intention, carrying its own story and voice.

About the Artworks

The artworks in this exhibition are available as unframed original works or prints. Should you wish to purchase a framed version, please let us know, and we can provide additional pricing for the framing option. Each piece offers a glimpse into the artist's journey, as well as a shared vision of Tibetan life and heritage.

Purchasing & Shipping Details:

Price: Listed prices are for the unframed works only.

Framing Options: If you are interested in a framed version, please inquire, and we will be happy to provide additional details.

Shipping: Shipping costs vary based on location and will be calculated separately. We'll work with you to ensure safe and secure delivery.

Each artwork is created with care, and we are happy to assist with any questions or additional information you may need to make your selection. For purchasing inquiries, please contact us at khadhokarts@gmail.com or at +91 88001 40474 (*What's App available*). Thank you for supporting UNSETTLED and Tibetan contemporary art!

Acknowledgements

We extend our heartfelt gratitude to all the artists, funders, supporters, and helpers whose dedication made this annual exhibition possible. To our talented artists—thank you for sharing your creativity and powerful stories with us, inspiring visitors and bringing our vision to life. To our generous funders and supporters, your invaluable contributions have sustained this project, allowing us to showcase these voices with purpose and pride. And to every helper behind the scenes, thank you for your time, effort, and passion; your support has been the backbone of this exhibition. Together, you've helped create an experience that resonates with all who walk through our doors. Thank you for making this journey unforgettable.

Aku Trak

I am a 27-year-old, third-generation Tibetan refugee living in India. I have a deep passion for traditional objects that are often forgotten or discarded. These items carry rich histories and personal stories from their owners, which I always want to preserve. My mission is to safeguard these objects along with the narratives that accompany them.

Aku Trak is my grandfather (Popo). This work honours the older generation of Tibetans who passed away in exile and Tibet.



Exile Objects:

Did you know? When the elder generation of Tibetans came into exile, they managed to bring with them a few yet precious belongings - small things that connected them to home. Over time, many of these items had to be sold for survival, some were lost along the way, some were buried and hidden under rocks, and some were stolen. Sadly, as these belongings were passed down to younger generations, many have been discarded or replaced, often seen as outdated or unnecessary.

But these aren't just objects being thrown away; they carry stories, memories, and emotions—pieces of Tibetan knowledge our elders brought. When we lose these objects, we lose connections to our culture and history. Isn't that concerning?

The centrepiece of the installation is a piece of furniture boldly inscribed with "We are Tibetans," highlighting the artist's desire to assert and preserve Tibetan identity.

This exhibition is built around six such objects, found discarded on the streets of Dharamshala. Each has its own story and reflects the ongoing journey of Tibetan art and culture, capturing the essence of home while adapting to life in exile. This installation recreates a traditional Tibetan room, offering a look into the lives of Tibetans in exile and honouring the heritage that lives on.

Lost and Found
2024
Room Installation
NFS

Tibetan Carpet:

This Tibetan carpet represents the survival and artistry of a community in exile. The Tibetan government's first initiative to self-sustain in exile was to establish a small, community-based carpet factory at most of the settlements. Do visit the Dhama community carpet factory to check the carpet. The carpet's unique design and colours showcase authentic Tibetan maker traditions and the work of the generation of Tibetan refugees who live in exile.

Dharamshala, circa 1960s

Cabinet:

This cabinet is the work of an immature carpenter and painter, it is visible from the quality of the wood and painting work but are in a Tibetan traditional way. Interesting about this cabinet is in the middle, it is written "We Are Tibetan " which touching statement from the maker. This simple yet impactful text conveys a silent but powerful message - a declaration of Tibetan identity and a desire to preserve it in exile.

Found in construction place, Dharamshala, circa 1970s



Iron block print:

Tibetan printing methods date back to a century in Tibet, scripture, letters, posters, and prayer flags were printed from Parshing (woodblock print). Tibet has several big printing houses and monasteries owned by the Tibetan government. This metal block made in Dhama has figures of Songsen Gampo, Thonmi Sambhota, and Gar Tongtsen were important kings and ministers in the 7th century. Which was probably designed by a thangka artist from Tibet. This type of iron block print is widely used in exile to reprint scripture, newspapers & books.

Linkor, Dharamshala, circa 1970s



Clay Buddha statue:

Before metalwork, most statues were made of clay, so these methods date back centuries in Tibet. This statue was made in exile probably in the 1970s using a Tsa Tsa mould, a simple & easy method for creating religious figures. It serves as a reminder of the sacred statues destroyed, melted, or stolen in Tibet during the China invasion and Cultural Revolution. Linkor, Dharamshala, circa 1970s

Incense Box:

Carpenter and paintwork on an incense box by a Tibetan artist in the circa 1980s which has a small slide box to store the incense, this type of incense box is available in each household of Tibetan family to light incense. The smell of that room or chapel reminded me of my childhood. Wooden frames also part of the chapel room have the same drawing as the incense box of three jewels the Buddha, the Dharma, and the Sangha.

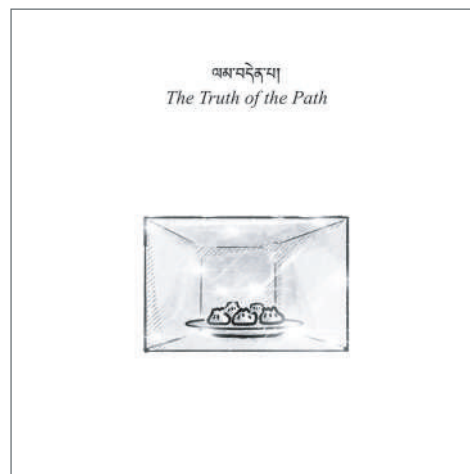
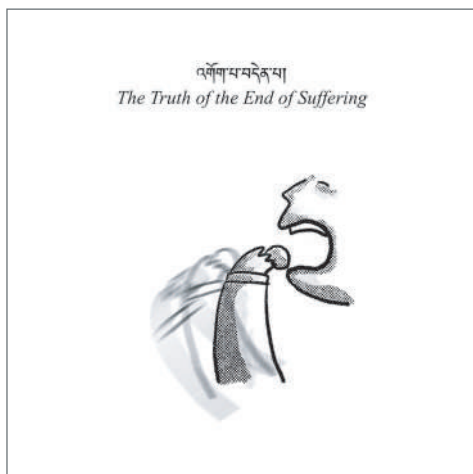
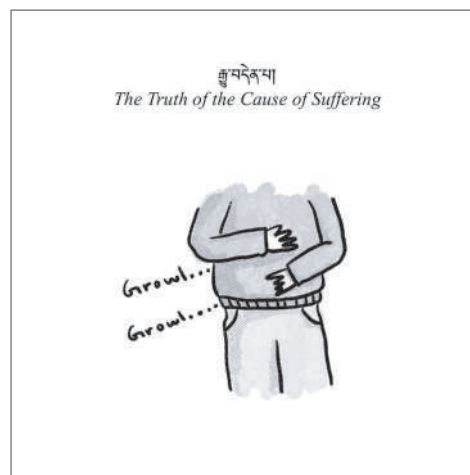
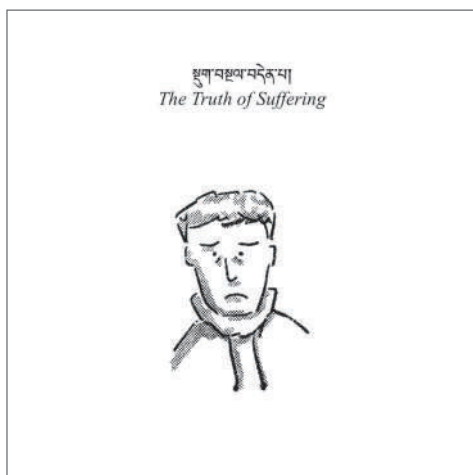
Gankyi, Dharamshala, circa 1980s



Cactushastserma

Instagram: @cactushastserma

Cactus or 'cactushastserma' is a cartoon page on Instagram. It was created, in early 2021, as an attempt to capture the zeitgeist.



Four Noble Truths
2024
Giclee Print on Epson Ematte Paper
(Digital Artwork)
8.5 x 8.5 inches
\$70 USD



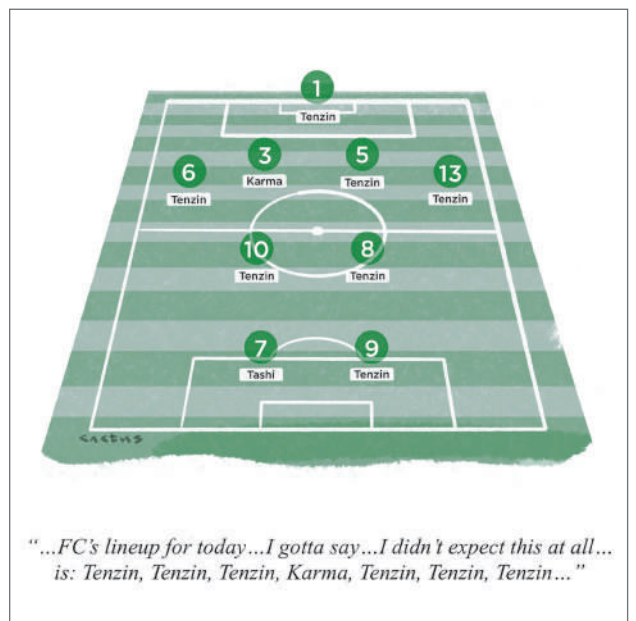
Forever Contemporary
2023
Giclee Print on Epson Ematte Paper
(Digital Artwork)
8.5 x 8.5 inches
\$50 USD



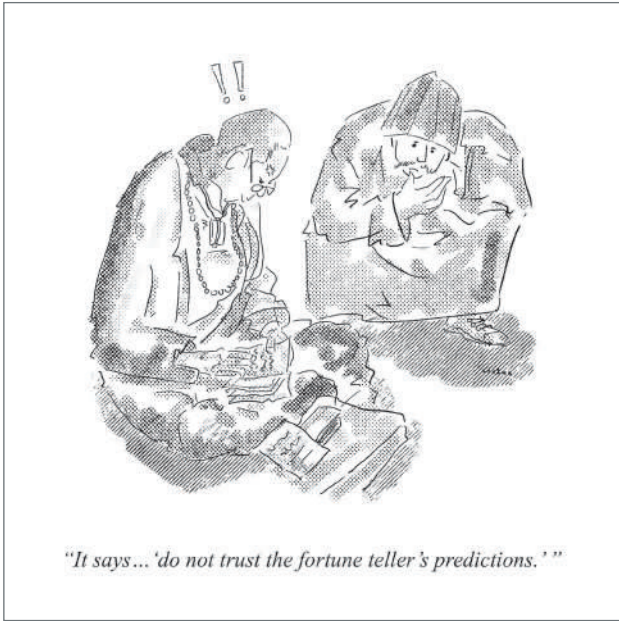
What keeps you up at night?
2024
Giclee Print on Epson Ematte Paper
(Digital Artwork)
8.5 x 8.5 inches
\$50 USD



Vessel for Culture
2024
Giclee Print on Epson Ematte Paper
(Digital Artwork)
8.5 x 8.5 inches
\$50 USD



Tenzin FC
2023
Giclee Print on Epson Ematte Paper
(Digital Artwork)
8.5 x 8.5 inches
\$50 USD



Mopa's Paradox
 2023
 Giclee Print on Epson Ematte Paper
 (Digital Artwork)
 8.5 x 8.5 inches
 \$50 USD



Bonus Round
 2022
 Giclee Print on Epson Ematte Paper
 (Digital Artwork)
 8.5 x 8.5 inches
 \$50 USD



Submerged
 2024
 Giclee Print on Epson Ematte Paper
 (Digital Artwork)
 8.5 x 8.5 inches
 \$50 USD



Back to the future
 2023
 Giclee Print on Epson Ematte Paper
 (Digital Artwork)
 8.5 x 8.5 inches
 \$50 USD



Late Chungpo Tsering

Instagram: @chungpoart

Chungpo Tsering lived a life that spanned continents and causes- born in Dhingri, Tibet, raised in exile and later discovering his artistic voice in America. His journey was shaped by a deep commitment to both his art and activism, with his work reflecting the struggles and resilience of the Tibetan community.

Best known for his charcoal pieces, a talented artist, a brilliant storyteller, a powerful dreamer, and a creative genius who transformed everything he touched into a work of art.

His first solo exhibition in Nepal, entitled Charcoal Paintings, captured the attention of major news media in Nepal, praising him for his unique aesthetic blend of politics and art. Later in 2004, he found Nepal's first contemporary Tibetan art gallery, creating a space for both artistic expression and political activism.

As our beloved Tendro La writes, "His art was inseparable from his activism". With his work, his passion, his dreams, and his surroundings, Chungpo lived a life that fused his love for art and his fight for justice. Though his passing left a great void in all of us, Chungpo's work continues to inspire all who knew him, as his art and memory live on.



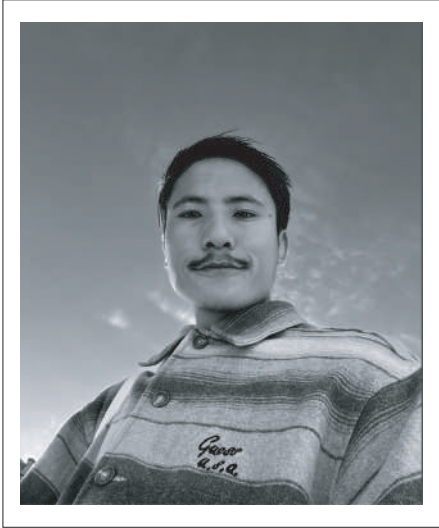
When the air is thin
2014
Giclee Print on Archival Paper
(Charcoal on Paper)
28 x 34 inches
NFS



Giclee Print on Archival Paper
(Charcoal on Paper)
28 x 34 inches
NFS



Selfie
Giclee Print on Archival Paper
(Charcoal on Paper)
28 x 34 inches
NFS



Late Jigme Choedak

Instagram: @jigmechoeduck

Instagram: @genyik.studio

Jigme Choedak (1997–2023) was a self-taught Tibetan artist from Tsum Valley, Nepal, known for his evocative illustrations and cartoonist style that bridged the gap between tradition and contemporary narratives. Schooled at Upper TCV and TCV Suja, his art, often infused with humor and simplicity, commented on emotional struggles, Buddhist philosophy, and the political realities of Tibet. His unique blend of Tibetan symbolism with elements of Western pop culture, which he described as a "chocolate-momo," embodied the fusion of his cultural heritage and global influences.

Jigme's art was deeply rooted in storytelling, aiming to connect with people on a personal level. Whether reflecting on the subtleties of daily life or complex socio-political issues, his pieces touched upon the deep emotions and inner worlds that often go unnoticed. He collaborated with various organizations, offering his creative talent to the Tibetan and global art communities. His long-term goal, one that shaped the later part of his career, was to develop his own comic books and graphic novels, which he had been working toward before his untimely passing.

In addition to visual arts, Jigme was also a poet, musician, and actor, with a role in the film DHARAMSALA directed by Tenzin Dazel. His passion for empowering young artists led him to create Genyik Studio in 2021, a space aimed at supporting emerging artists often deemed as "useless" or "trash" by society—hence the name "Genyik," meaning "trash" in Tibetan.

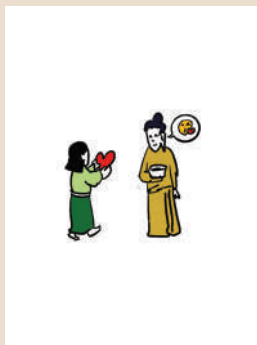
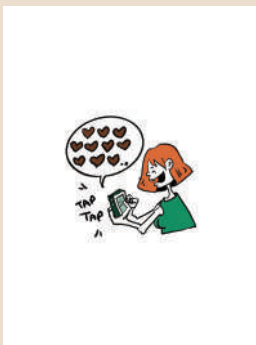
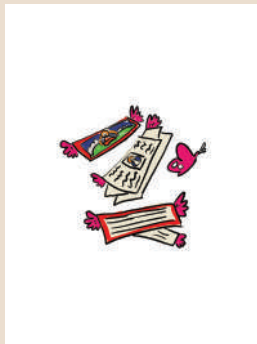
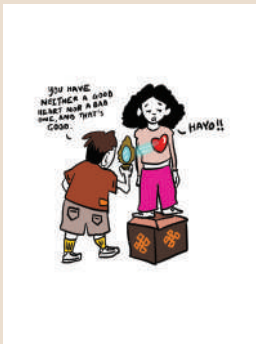
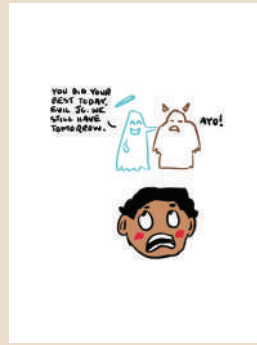
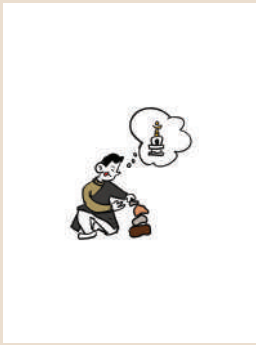
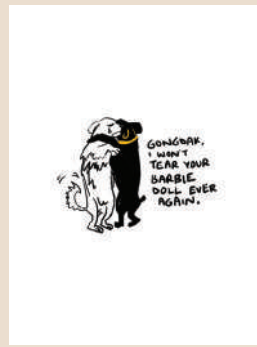
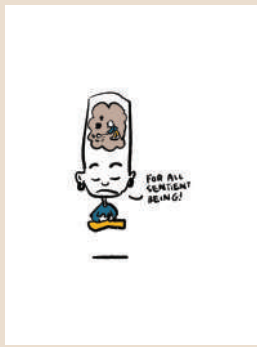
Following his passing, his legacy continued with a posthumous exhibition at The Old Tibet Museum in Dharamsala, and in 2023, his first solo exhibition was held at The Wind Horse Gallery in Kathmandu. His art, a reflection of a life of curiosity and creative drive, continues to resonate with those who have experienced it.



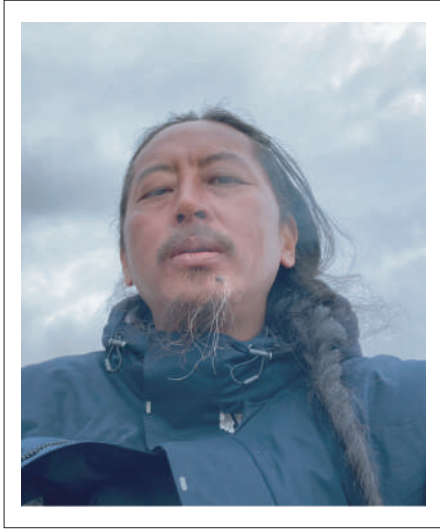
Untitled
2021
Giclee Print on Epson Matte Paper
(Digital Artwork) Limited Edition of 35
24 x 16 inches
\$90 USD



Untitled
2022
Giclee Print on Epson Matte Paper
(Digital Artwork)
24 x 16 inches
\$75 USD



Nang Choe Series
2022
Giclee Print on Epson Matte Paper
(Digital Artwork)
10.5 x 8 inches, 16 pieces
\$30 USD (per piece)



Jigme Namdol

Instagram: @jignam1

Jigme Namdol, lovingly known as Jignam, is a travel photographer who spent the last decade documenting his journeys through Nepal and India. He has displayed his work nomadically on the streets of McLeodGanj in Dharamshala, Varkala in Kerala, and Leh in Ladakh. Namdol makes a living by selling his prints through different mediums.

His love for photography was eked out from him by his chance encounter with a Parisian photographer Sebran D'Argent in 2009 in Dharamshala. Since then, Namdol has dabbled in analog photography capturing people and vast landscapes. Wherever one finds empty space, he will make a shop out of a corner and sell his work on an ordinary day.

Namdol was born in the Tibetan capital, Lhasa. Over the course of his travels, he has made numerous photographs documenting India and Nepal through his unique lens. Born in Lhasa and displaced at an early age, Jignam wants to keep exploring the art of photography.



Amala with her Yak

Dolpo, 2023

Shot on Rolleiflex, 120 film, Analog photography

Giclee print on Epson Matte Paper

24 x 24 inches

\$600 USD



Little Monks
Kathmandu, 2023
Shot on Large format photography 4 x 5, Analog photography
Giclee print on Epson Matte paper
36 x 31 inches
\$830 USD



Morning Kora
Lamayuru, Ladakh, 2011
Shot on Rolleicord, 120 film, Analog photography
Giclee print on Epson Matte paper
24 x 24 inches
\$600 USD



Karma Sichoeh

Instagram: @karmasichoeh

Karma Sichoeh, is a Tibetan thangka painter, contemporary artist, activist, and co-founder of Dolls4Tibet—a social enterprise empowering marginalised local women to create artisanal dolls. His artistic journey blends the disciplined mindfulness of thangka tradition with the freedom of modern art to craft a powerful personal and political narrative.

Born an orphaned refugee, Karma was raised in the Tibetan Children's Village in Dharamshala. At 15, he began studying Thangka painting under Master Rigzin Paljor (a former court painter of the Potala Palace) and mastered the six-year course in just two and a half years. As an independent artist, Karma has taken on commissions from individuals, monasteries, and schools and passed on his knowledge of Thangka painting to his many dedicated students. Karma has been a pivotal activist for the freedom of Tibet as a prominent member of Students for a Free Tibet and Tibetan Youth Congress where he led many influential campaigns and demonstrations. In 1998, he was the youngest of six activists undertaking a 47-day hunger strike unto-death.

In 2006, Karma and his German wife Mona founded Dolls4Tibet, inspired by their young daughter's need for culturally resonant dolls. Dolls4Tibet provides Tibetan children with dolls they can identify with, and thus inspires a pride and appreciation of their heritage in them at a young age. Apart from being a powerful form of cultural, creative resistance, these dolls represent the multifaceted efforts of the Tibetan community in exile to maintain a strong sense of who they are. In 2008, after formally withdrawing from the world of activism, he began merging contemporary art with his thangka knowledge.

Karma and his family continue to live in Dharamshala. His work is driven by a profound dedication to the Tibetan cause and a quest for creative, non-violent solutions to the socio-political challenges of our world.

“I believe in non-violence - and to preserve oneself is to preserve one’s heritage. My practice is one of patience, a lot of forgiveness, and a strong base of truth.”

Karma Sicho

Description:

This painting is the result of an art fusion performance- a frozen glimpse of a particular time, space, and state of mind. As a time of simultaneous heavy rains and crippling water shortage in our hill-station: the physical feeling of cold merged with anger and a longing for the sun. One sun wouldn’t do, we had to have multiple. The raging waves crashing at the two suns dissolved these emotions, culminating in the clarity of a moon-a symbol of calmness.

The elements of nature are a recurring theme in my paintings and I often focus on their interdependence, an extension of our human interdependence. water, fire, air, space and earth, both constitute us and reflect our eternal change, our unwavering movement, constantly striving for some sort of equilibrium.

Painting to me is a state of emptiness. Yet it is in those instances of total presence that my past experiences, thoughts, and experiments are most powerfully transferred to a visual form.



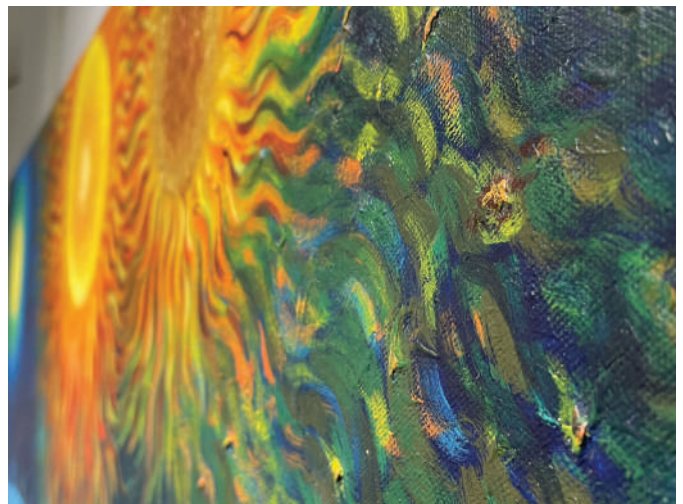
Interdependence

2014

Acrylic on Cotton Canvas, Varnished

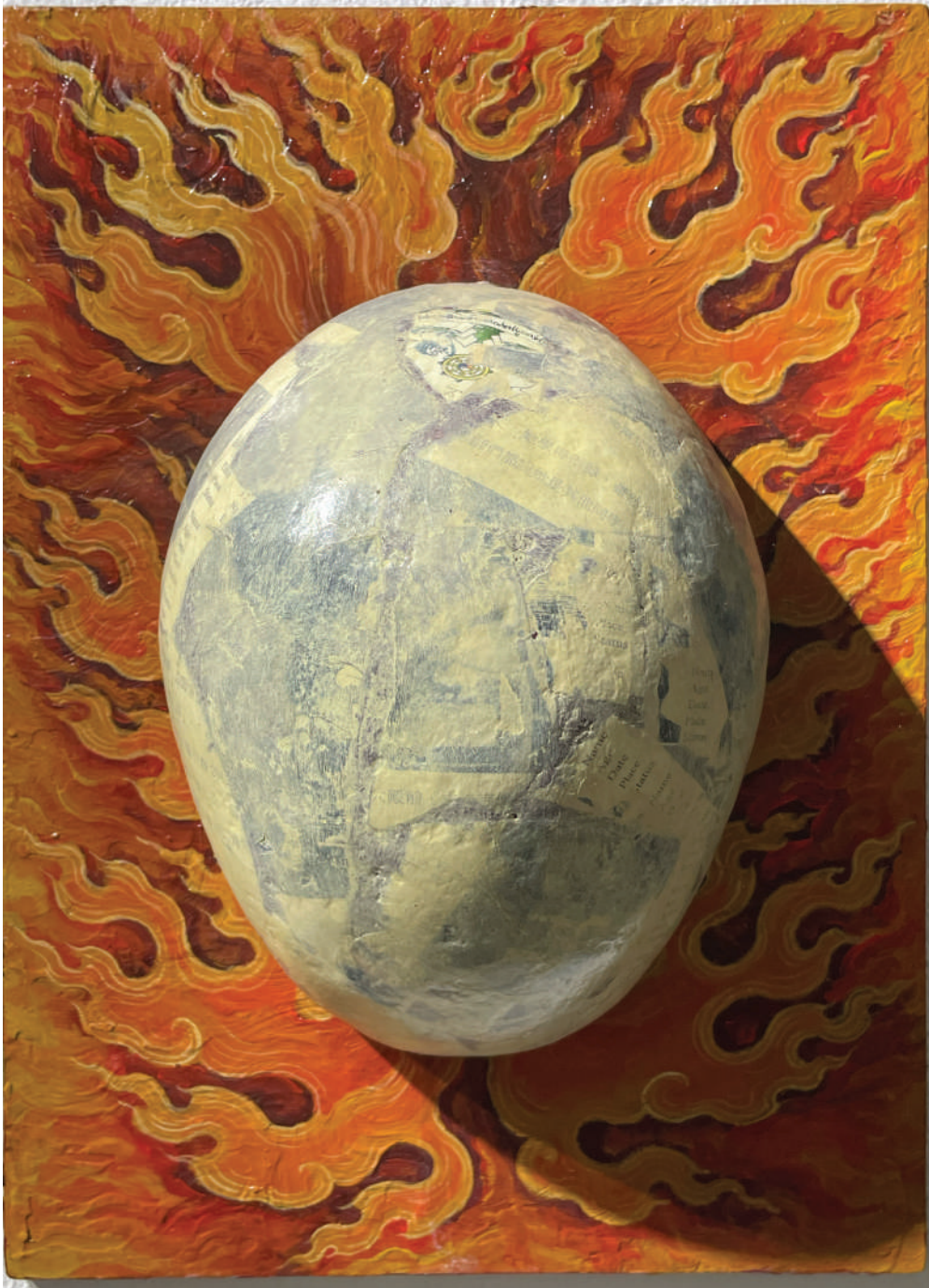
172 x 108 cm

\$1200 USD





Honouring the Voiceless 1
2020
Mixed Media, Sculpture
32 x 23,3 x 10 cm
\$180 USD



Honouring the Voiceless 2

2020

Mixed Media, Sculpture

32 x 23,3 x 10 cm

\$180 USD



Honouring the Voiceless 3
2020
Mixed Media, Sculpture
32 x 23,3 x 10 cm
\$180 USD

Description:

Honouring the Voiceless - These paper mâché skulls have been created as a tribute to the man and women, who took the tragic step of self-immolation, to express their sorrow, anguish, desperation and yet determination not to give up on their dream of a Free Tibet and making the ultimate sacrifice towards that end.

Their bodies have long been dissolved, their voices are silenced, yet all actions create seeds and it's our duty to remember and nurture those seeds to make sure that the wishes of those martyrs will be realized.





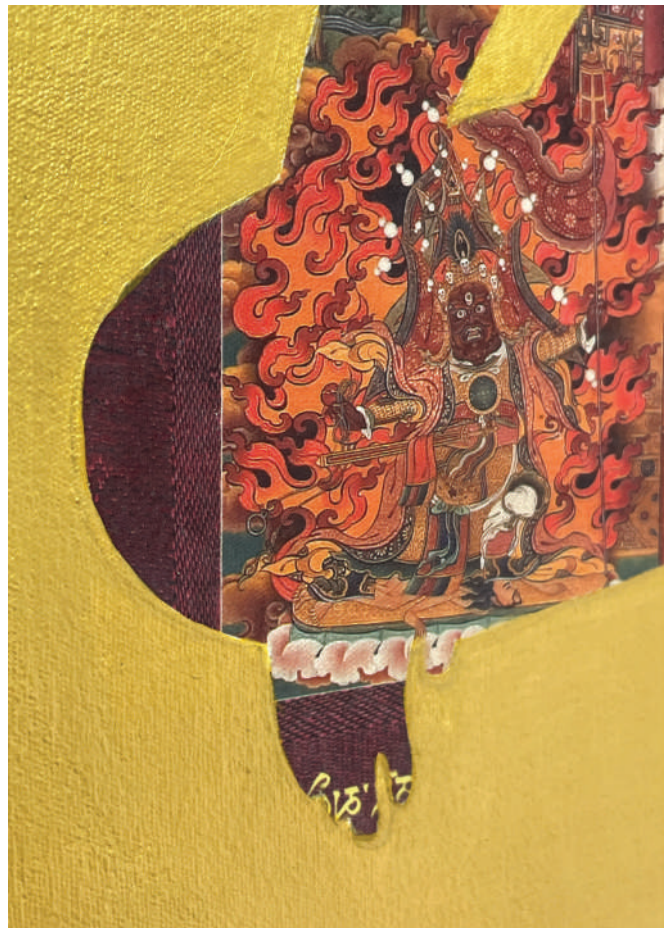
Untitled
2024
Mixed Media
47 x 32 cm
\$180 USD

Description:

The origin of this mixed media artwork is a traditional Thangka painting, depicting His Holiness, the 14th Dalai Lama, on his rightful throne inside the Potala in Tibet.

Although the Thangka itself was burned by the artist, a digital copy remained which he used to print a limited edition of posters.

With these posters Karma has been experimenting: mixing photo transfers and gold paintings to create one-of-a-kind collages, expressing his vision and sincere wish of His Holiness returning to a Free and Independent Tibet.





Kesang Lamdark

Instagram: @kesang_lamdark

Born in 1963 in Dharamsala, India, Lamdark grew up in Switzerland where he later apprenticed and worked as an interior architect. He went on to study at Parsons New School for Design in New York, and he achieved an MA in Visual Art at Columbia University. The artist lives and works in Zurich, Switzerland.

Lamdark's plastic sculptures and mirrored lightboxes are evidence of his displaced and multicultural upbringing. His search for an appropriate cultural space ultimately turned inwards and he came to understand and reconnect with his Tibetan heritage while living in the West. Lamdark's Tibetan-Western identity lies in his ability to understand and find a balance between both cultures. Combining unusual materials, from hair to plastic, beer cans to nail polish, Lamdark's life and works bring together the unfamiliar and revel in recycling everyday objects into works of art.

Lamdark has participated in numerous solo and group exhibitions around the world including Anonymous: Contemporary Tibetan Art held at The Fleming Museum at the University of Vermont, Burlington, Vermont, USA; the Queens Museum of Art, New York, USA; and the Dorsky Museum at the State University of New York, New Paltz, New York, USA; Scorching Sun of Tibet, Songzhuang Art Center, Beijing, China; Tradition Transformed – Tibetan Artists Respond, The Rubin Museum of Art, New York, USA.

In 2008, Lamdark presented in the Third Guangzhou Triennial and installed 10,000-kilogram rock that he smuggled out of Tibet and encased in melted plastic – titled Pink Himalayan Boulder – at ShContemporary in Shanghai. He participated in the annual Dharamsala Interantional Artists' Workshop in 2012 and completed a residency at the Samuel Dorsky Museum of Art, SUNY New Paltz in 2013.

Lamdark's works are held in private and public collections in Europe, Australia and the United States, including the World Museum in Liverpool, UK; the Burger Collection, Hong Kong; and the White Rabbit Collection in Sydney, Australia.

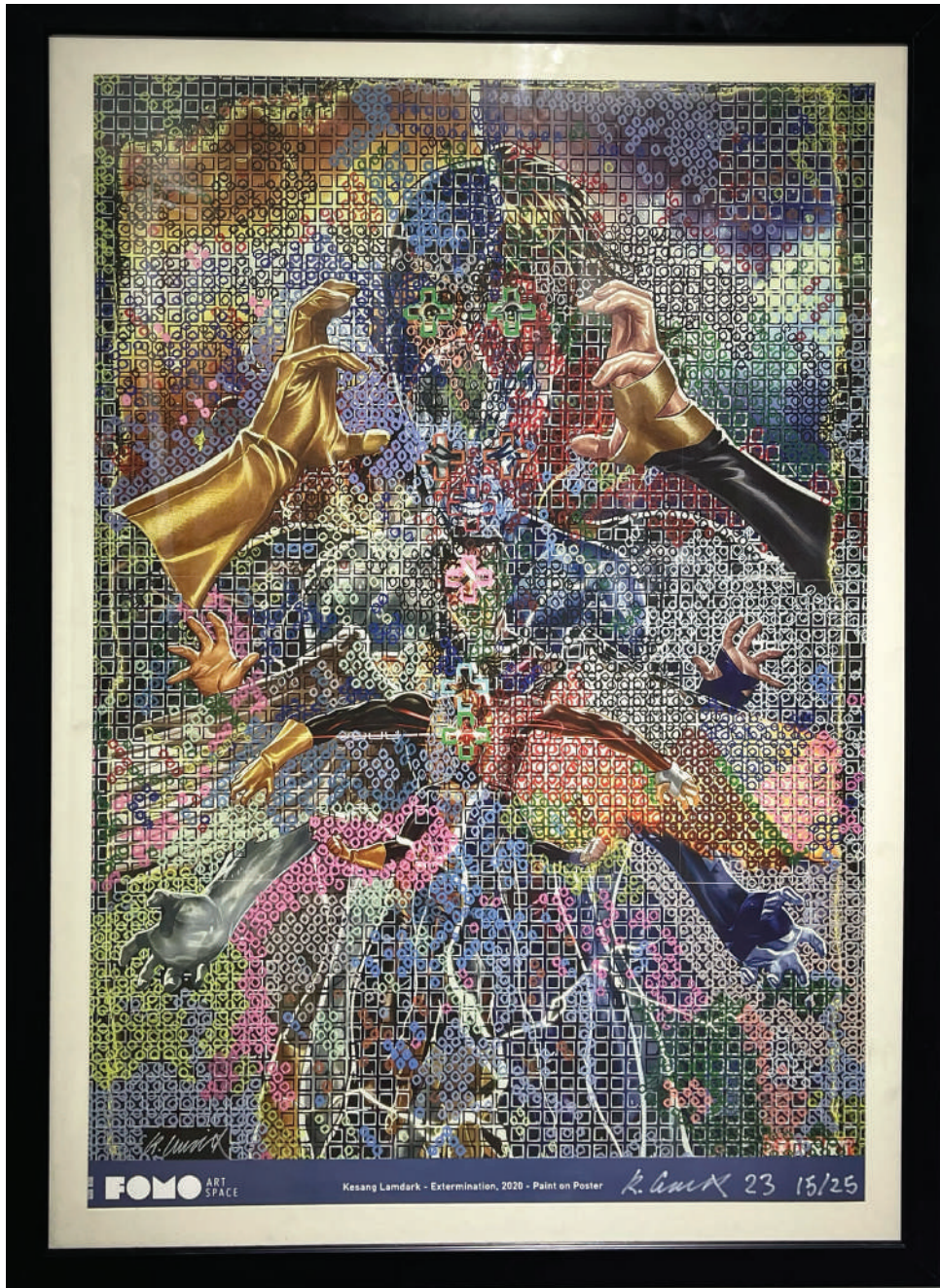


Untitled (Palden Choetso 5)
2015
Laserjet prints and lightboxes
29.7 x 21 cm (113/4 x 81/4 inches)
\$2500 USD



Untitled (Palden Choetso 2)
2015
Laserjet prints and lightboxes
29.7 x 21 cm (113/4 x 81/4 inches)
\$2500 USD





Extermination
2020
Paint on Poster Print
(Signed Limited Edition Print 15 out of 25)
27,5 x 38 inches
\$60 USD



Lobsang Tsewang

Instagram: [@lobsangcreates](https://www.instagram.com/lobsangcreates)

Lobsang Tsewang is a New York City-based artist and curator, originally from a Tibetan refugee camp in Nepal. Immersed in the spiritual atmosphere of monastic life with his monk brother, Tsewang draws deeply from the rich visual culture of the monastery, particularly its mural paintings. His work is distinguished by earthy tones and a unique blend of mythical and human elements, inviting viewers to engage with these themes in a more personal and contemporary context.

In 2017, Tsewang launched the "Humanize the Idealized" project to offer a more nuanced understanding of Buddhist traditions by bridging the gap between idealized religious figures and everyday human experiences. He also explores themes of sustainability by creatively repurposing ceremonial white scarves (Khata) as canvases, addressing concerns about environmental degradation and overproduction.

Tsewang's curatorial and artistic practice has been featured in numerous exhibitions across the U.S. and internationally. His work has been presented at esteemed venues such as the Bethel Woods Center for the Arts, Joan Mitchell Foundation, Ulsan International Woodcut Festival in South Korea, CUE Art Foundation, George Washington University, Texas Christian University, and John Jay College of Criminal Justice. He is currently employed at the Fashion Institute of Technology as an Exhibitions Manager.



Common Hour
2023
Mixed media on Silk "Upcycle Khata Scarf"
19 x 72 inches
\$300 USD



Description:

This is a silk scarf with a combination of painting and print. It has a delicate, thin, and shiny appearance from certain angles. The scarf features a triptych, each panel representing an empty throne within a room associated with three significant Buddhist figures: Avalokitesvara, Buddha, and Padmasambhava. Surrounding each throne are personal belongings, offering subtle hints about the identities of the deities who occupy these sacred spaces. The title, *Common Hours*, borrows from the academic term referring to universal break periods, symbolizing a pause in the daily routine. By choosing to depict these revered deities in their absence, Tsewang aims to humanize them by suggesting that even these idealized figures deserve respite. Their absence evokes a sense of stillness and reflection, encouraging the viewer to contemplate the moments of rest and retreat we all need.

Losang Gyatso

Instagram: @gyatsostudio

Losang Gyatso was born in Lhasa in 1953 but has spent most of his life since childhood in exile, primarily in the UK and the US. He started making art in the early 1990s in New York City where he worked as an advertising creative.

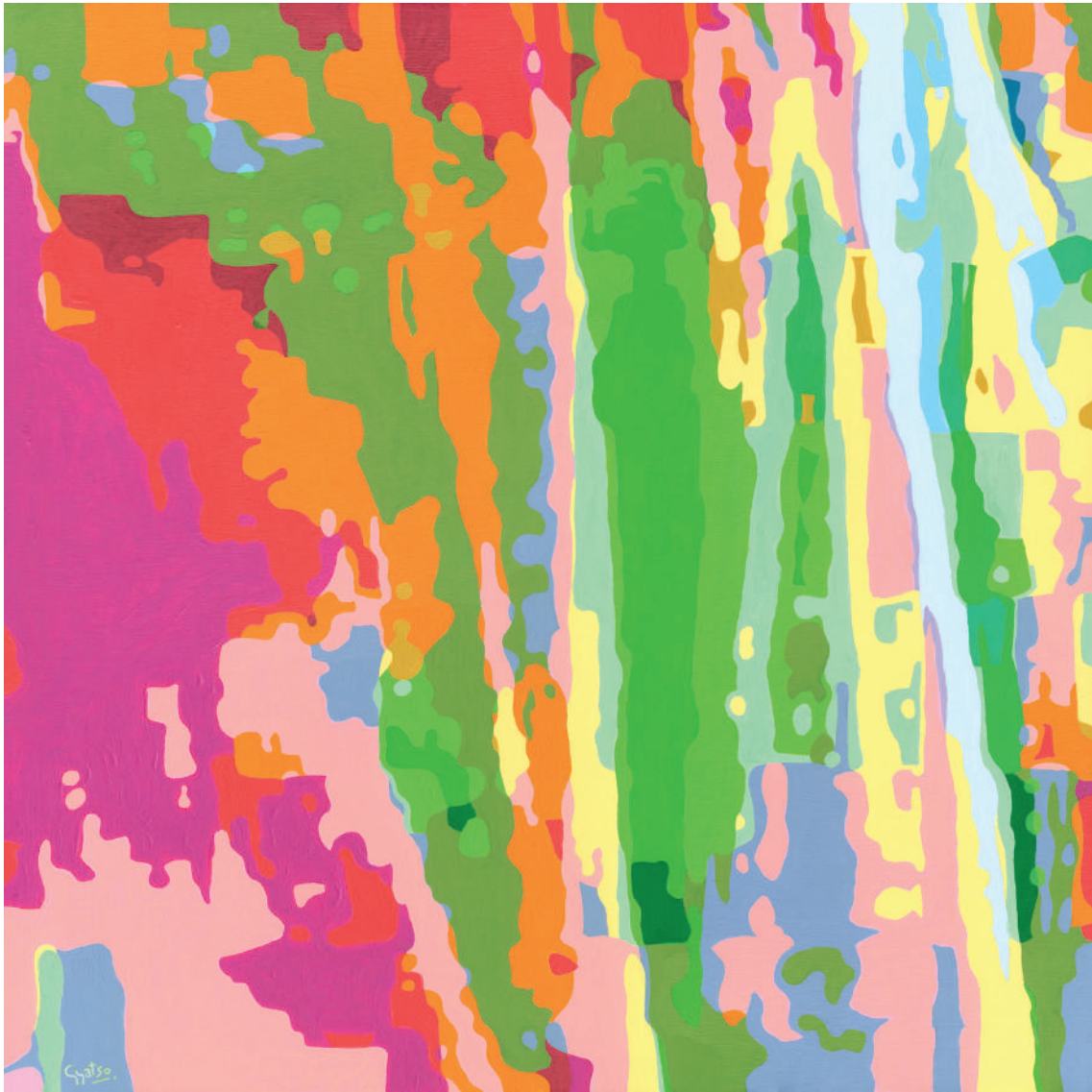
Initially a process of reconciling his own identity and aesthetics, his work evolved over time from explorations of Tibetan rock art, mythology, and Buddhist ideas, towards a more universal, abstract, and playful way of seeing the world that is perhaps both sensual and spiritual.

His current project titled, Happiness (Rapture Now), is a series of paintings that look at the ideas of change and interconnectedness.

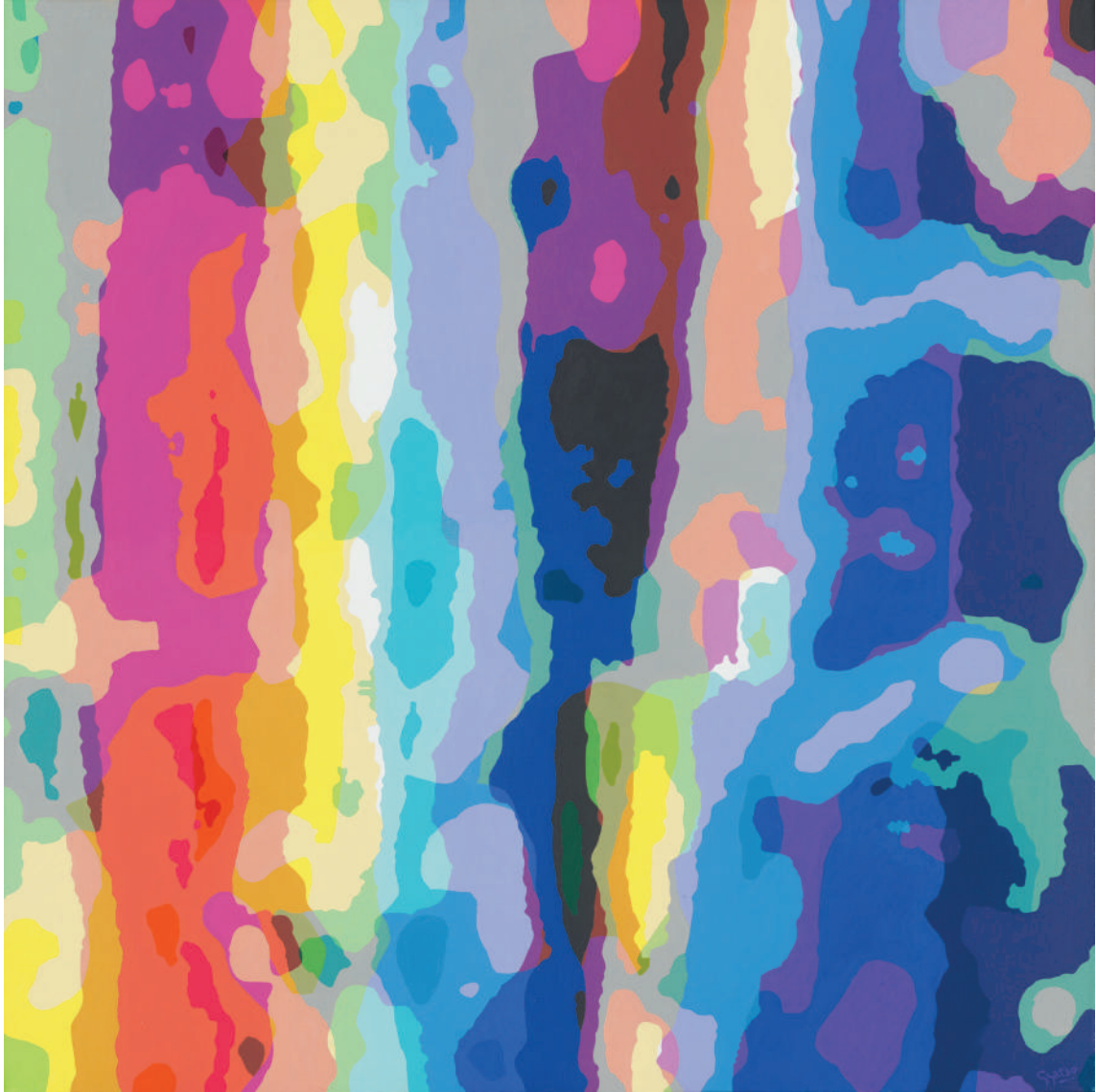
Gyatso lives in Virginia, USA and his work can be followed on gyatsostudio.com and @gyatsostudio on Instagram.

“The works in the Happiness series can be viewed as how one might look at a piece of a sky, or a section of a running stream, or as wildflowers through a window, or your breath on a cold winter day.”

Losang Gyatso



Happiness # 1
2019
Giclee Print on True Matte Fiber 230gsm
(Photography and Digital)
15,5 x 15,5 inches
\$50 USD



Happiness # 4
Giclee Print on True Matte Fiber 230gsm
(Photography and Digital)
15,5 x 15,5 inches
\$50 USD



Happiness #6
Giclee Print on True Matte Fiber 230gsm
(Photography and Digital)
15,5 x 15,5 inches
\$50 USD

Moira

Instagram: @m0i.ra_

My name is Choenyi Dolma, a self taught embroidery artist who found this delicate craft later in life, seeking solace from the chaos of the world outside. Through the gentle rhythm of needle and thread, I found a peaceful retreat, transforming my mental turmoil into intricate designs. Each stitch I create is a reflection of my quest for self-awareness.





Untitled
2024
Embroidery
30 x 24 inches
\$855 USD

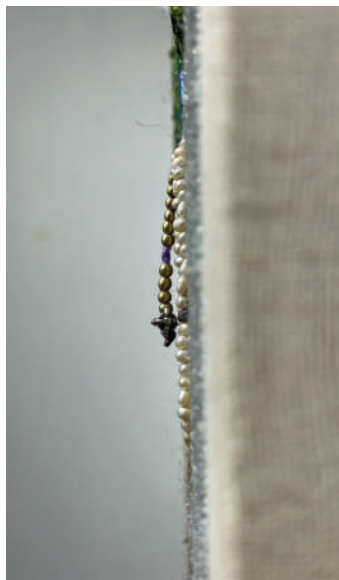


Untitled
2024
Embroidery
16 x 24 inches
\$715 USD





Untitled
2024
Embroidery
15 x 18 inches
\$570 USD



“True humility is found in the quiet persistence of a heart that chooses kindness, even when the words feel heavy.”

Moira

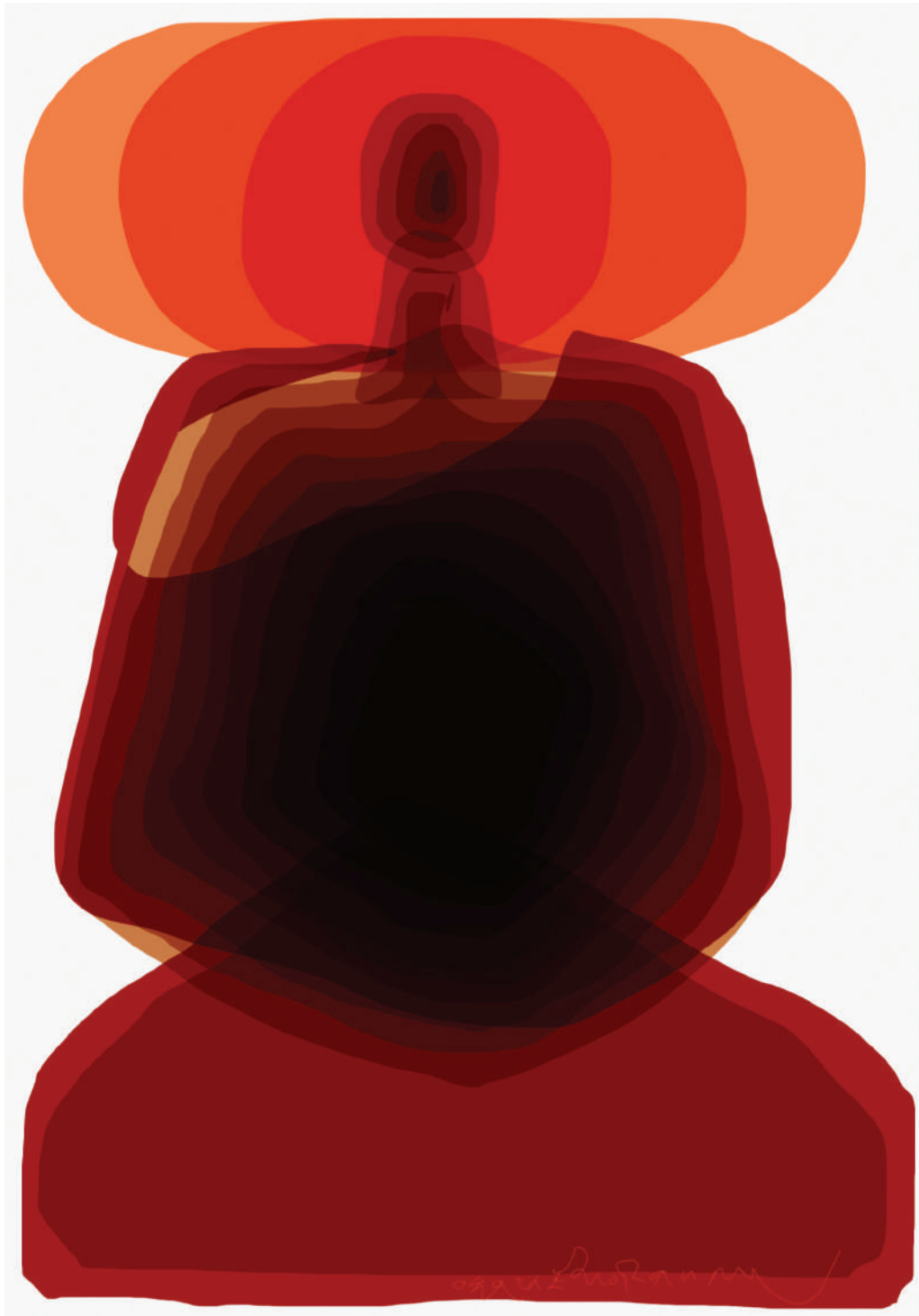


Monsal Pekar

Instagram: @monsal.pekar

Pekar Monsal is an artist born in Ato, Gaba in Kham to a family tradition of Tibetan sculpture and painting. After graduating in 1990 from Northwest Minorities University in Lanzhou, Gansu, with a concentration in oil painting, and additional studies in sculpture, design, dance, music, poetry and philosophy, she was a book designer and translator of Tibetan folk stories. She left for Dharamsala, India in 1993 where she continued to create art and worked to promote art within the local Tibetan community, teaching art classes for students school as well as training art teachers. In 2004 she published her essay *Women's Status in Tibetan Society: Don't Laugh at Women's Hardship*, a clear and powerful call for gender equity and female empowerment in Tibetan society, chronicling her reflections on art, creativity, and her own experiences as a Tibetan, a woman, and an artist.

Pekar Monsal later returned to Tibet with her new family and continues to create art through painting, sculpture and has recently been working with digital arts that discusses topics like Feminism, Tibetan Identity, Tibetan History, Buddhism, Science, etc. Throughout, her strong feminist convictions, unique talent, and prolific body of work clearly mark her as a distinguished artist and pioneer of her generation. She has exhibited in Tibet, China, and internationally, including in the United States, India, and France. She currently works in Tibet and is based from a studio in Pixian near Chengdu.



Monsal Pekar
༼ འཕགས་པའི་དགེ་ལུགས༽ ARYA SANGHA
2024
Digital
44 x 32 inches
\$240 USD



Monsal Pekar
འཇམ་ལོ་མོ་མཆོག་ IMPERMANENCE
2024
Digital
44 x 32 inches
\$240 USD



Monsal Pekar

ཏྲི་གུཧཱ་སམ་མཁའ་མཚོ། SRI GUHYASAMAJA. 'ASSEMBLY OF SECRETS'

2024

Digital

44 x 32 inches

\$240 USD



Ngoshi Choedon

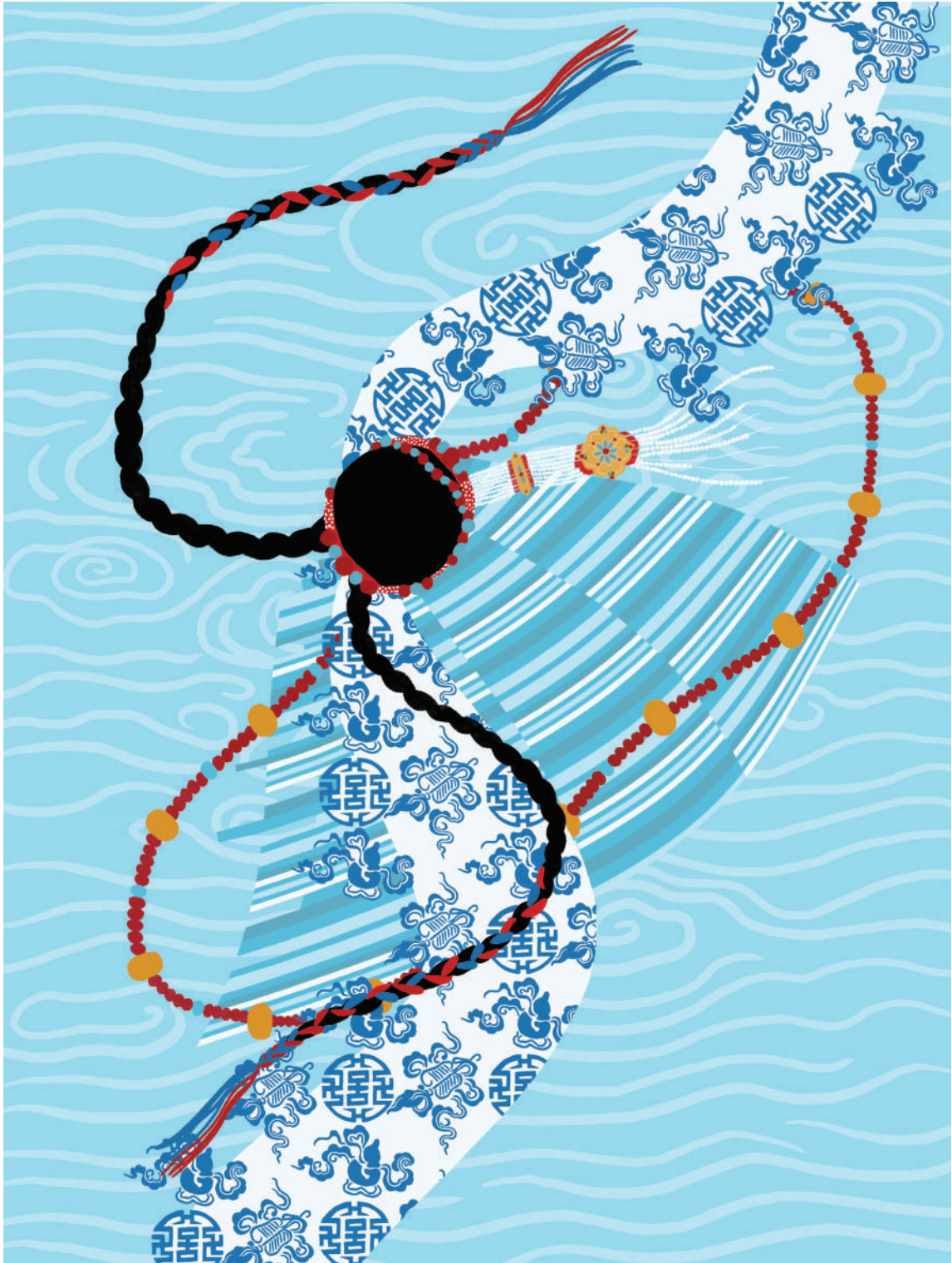
Instagram: @ngoshi.art

Ngoshi Choedon is a Self-taught Tibetan freelance illustrator and paper collage artist. She is currently based in Dharamsala, India. She has studied Masters of Business Administration (2014-2016) and Foundation in Expressive & Creative Arts Therapies (FECAT) from Studio for Movement Arts (2021-2022)

Though she has been creating art since her childhood, she started selling and creating her own art platform in the year 2020. She likes to reuse the trash to create art. She loves creating things with her hands and that's where she derives her greatest joy!

Her art is primarily inspired by Tibetan cultural attire and jewelry. She is still learning and exploring different attire in Tibet as it's very diverse. Materials she uses is mostly handmade papers and she tries to up-cycle as much trash as possible. She loves paper as they are bio-degradable and can be recycled, in a way it makes her feel a little better for not creating extra waste on the earth.

In the year 2022, She had the chance to collaborate with HP State Handicrafts and Hand loom Corporation Limited. and had the chance to explore the Himachali costume which developed into a special series of artworks, later supplied to the prestigious Rashtrapati Niwas, Mashobra. (Three of the artworks are placed inside the Hon'ble President of India's private room, while two others are placed in the dining room which is open to public viewing.)



Untitled (From the "Longing" Series)
Digital Print on Canvas
24 x 30.6 inches
\$120 USD



Japan Whispers
(Layers of Identity Series)
2024
Paper Collage
60 x 42 cm
\$380 USD



Indian Threads, Tibetan Soul
(Layers of Identity Series)
2024
Paper Collage
60 x 42 cm
\$380 USD



Sherab

Instagram: @sherab_art

I've had the distinct penchant for visual arts for as long as I can remember. Drawing came naturally to me as a kid and for much of my childhood, it provided me a medium to deter the commotion of incomprehensible emotion we all felt as kids. Arts for me now isn't just a profession that I've forayed into, but a way of life. I was born in Dolpo, Nepal, but I've spent much of my childhood and adulthood in India. Geographical influences, however, has had little to no representation in my work so far. Although I've cemented a reputation in wall art, I enjoy canvas artwork just as much.



17th May 1995
2024
Oil Colour on Gate Lock
\$360 USD



ཚ་ལུ་མའི་སུ་མོ།

2024

Mixed Media on Canvas

43 x 37 inches

\$1200 USD



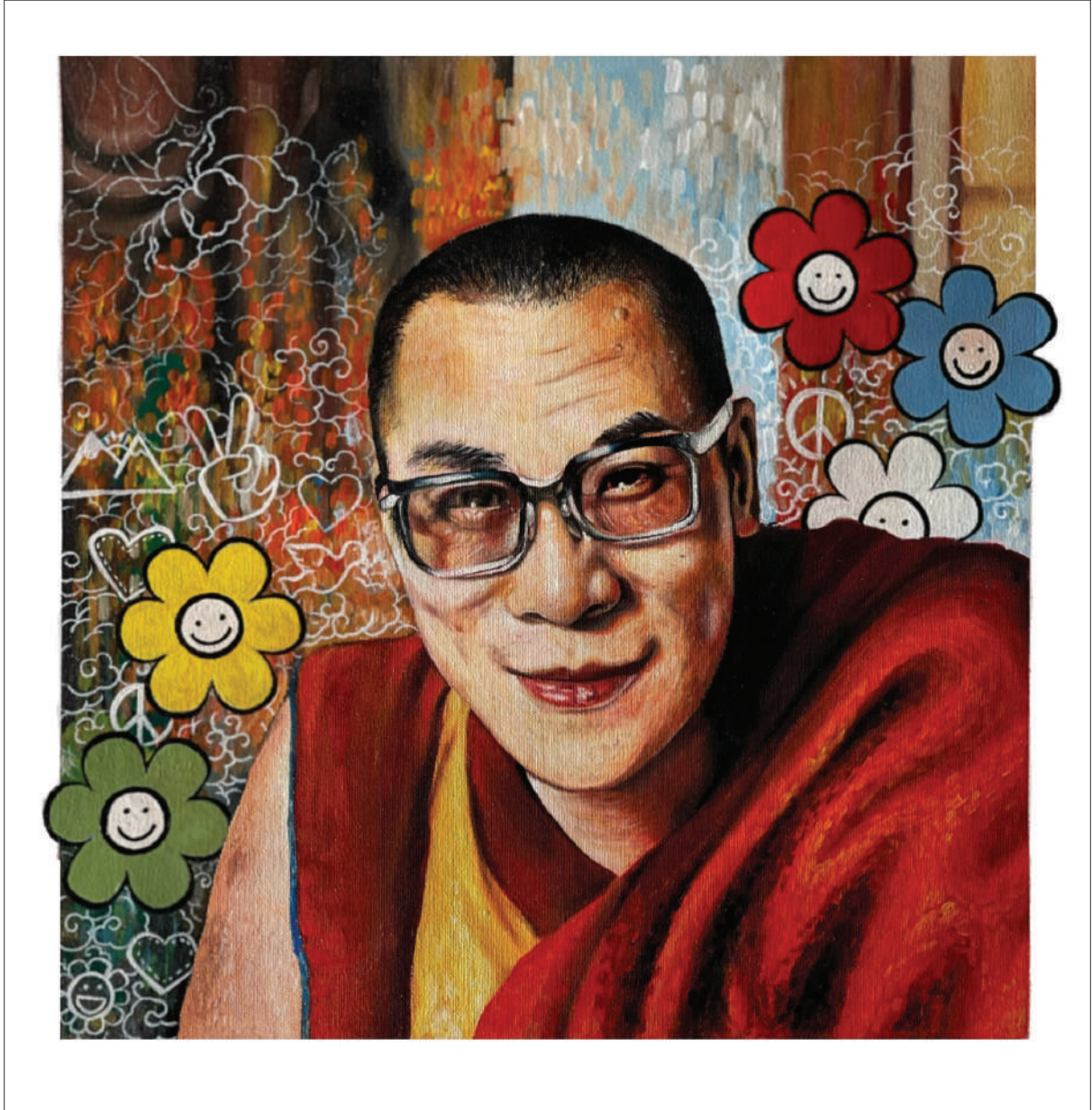
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2024

Mixed Media on Canvas

70 x 37 inches

\$1400 USD



A Content Mind

2024

Mixed Media on Canvas

18,9 x 17,7 inches

\$480 USD

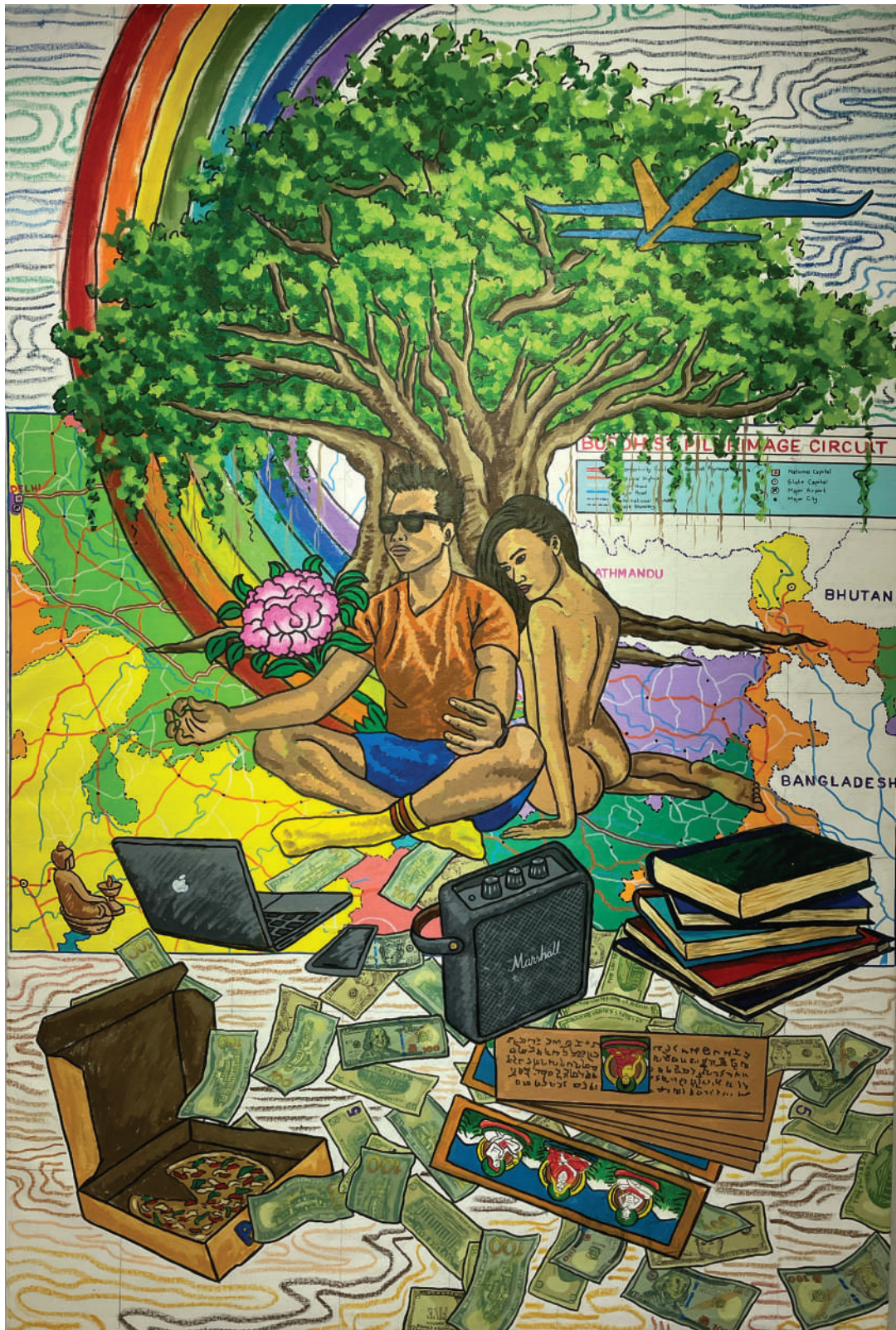


Tashi Nyima

Instagram: [@_hoo.man_](#)

I am Tashi Nyima, a Tibetan artist living in Dharamsala, India. As a multidisciplinary artist, I am passionate about exploring new mediums and incorporating diverse styles into my artwork. Since childhood, I have been deeply involved in the arts, which led me to pursue a Bachelor's in Fine Arts from Anitoons College of Art in Delhi. A continuous search for new techniques and expressions characterizes my creative journey.

Being Tibetan and an artist, I am driven by the emotional connection with small things and desire to tell authentic stories about the daily lives of people around me, which is mostly Tibetan. Many people have stereotypical views of Tibetans as enlightened and compassionate beings, detached from worldly struggles. Through my art, I aim to bridge this gap, showing that we all share common human experiences and aspirations for happiness, and a universal desire to avoid suffering. My work seeks to connect with global audiences, fostering a deeper understanding and empathy for the Tibetan community.



Lost in Searching
2024
Acrylic on Canvas
4 x 6 ft.
NFS



Tenzin Dolker

Instagram: [@the_solicitude](#)

Tenzin Dolker, a New Orleans-based photographer, creates visual narratives bridging cultures and exploring identity and resilience. Born in India to Tibetan refugee parents, her unique perspective infuses her work with an understanding of cultural transitions and displacement.

Since moving to New Orleans in 2016, Dolker has specialized in street photography and documentary projects. Her work blends inspiration from natural landscapes and urban environments, creating a dynamic interplay between human activity and surroundings.

Dolker's notable projects include "Second Liners of New Orleans" and her ongoing series "Tibet's Forgotten Soldier," which capture diverse human experiences and cultural narratives. Her photography has been featured in Harper's Bazaar India and De-Center Magazine.

Regularly participating in local art markets, Dolker engages with her community, sharing stories behind her images. Through her lens, she offers a perspective spanning continents and cultures, inviting viewers to explore the tapestry of human experience and resilience, while bridging her Tibetan heritage, Indian roots, and American present.

Description:

"Someday I will reveal the silence of the rose"

Tenzin Dolker's long-term self-portrait series, "Someday I will reveal the silence of the rose," is a poignant visual exploration of the artist's inner world as she navigates diverse cultural landscapes. Through her lens, Dolker captures the delicate balance between frustration and curiosity that defines her journey, both physical and spiritual. Each photograph serves as a window into her role as both observer and participant, revealing the complexities of cultural immersion and self-discovery.



Roots

Giclee print on Epson Matte Paper

(Photography)

24 x 32 inches

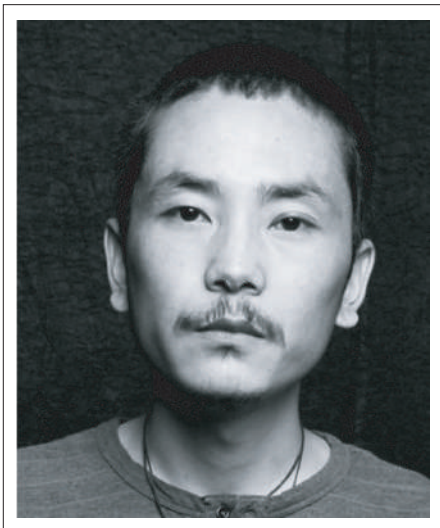
\$420 USD



Kanagawa's Lullaby
Giclee print on Epson Matte Paper
(Photography)
26 x 36 inches
\$480 USD



Pacific
Giclee print on Epson Matte Paper
(Photography)
24 X 32 inches
\$420 USD



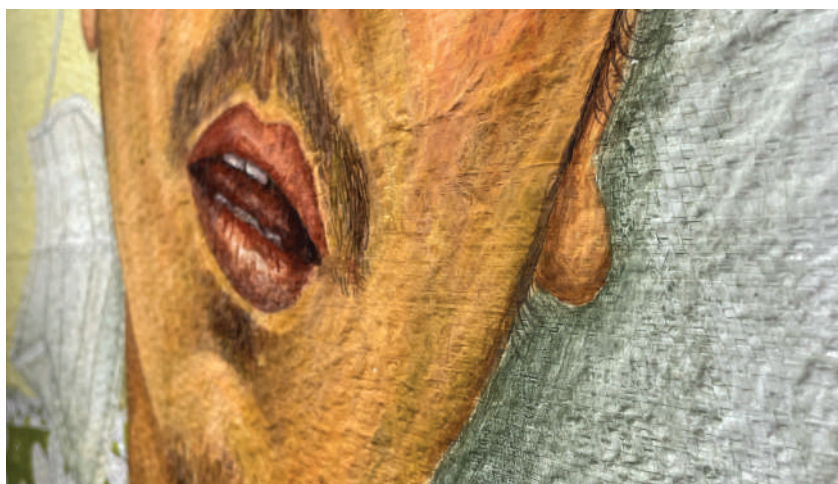
Tenzin Gyurmey Dorjee

Instagram: @pee_in_the_bottle

Tenzin Gyurmey Dorjee was born in 1987 in Kamrao village, Himachal Pradesh. I am interested in exploring the paradoxes present in ordinary things in my life. I focus on the concepts and associations simple objects can carry. By exploring a theme with different mediums of expression, I try to gain new insights about an object that was previously mundane.

Most of the subjects in my work are people who are close to me as family or friends or even neighbors. I am interested in how global changes in culture, politics, climate, science, etc can impact our local surroundings. And my works are reactions to those global changes through my personal stories. Most of my paintings are done on tarp sacks commonly known as "drochak bureh" in the Tibetan community (drochak means barley and bureh means sack). As refugee, most of our basic food supplies come from USA aid in tarp sacks and we have been using this material for various household purposes for quite a long period of time.

I was taught drawing in the Tibetan traditional style at the age of 6 by my father Tulku Troegyal. I majored in science in Himachal Pradesh and then moved to Delhi for higher studies. I have been practicing arts professionally since 2013. My studio practice is currently based in Dharamshala.





10th March
2022
Acrylic on Tarp
38 x 43 inches
\$3600 USD



Tenzin Melak

Instagram: @tenzmenarts

Tenzin Melak, a multidisciplinary Tibetan artist born in India and based in Dharamsala, draws from his upbringing in exile, where Buddhist values profoundly shaped his understanding of life and identity. His artistic journey began at the Tibetan Children's Village (TCV) school, followed by formal training with a BFA in Applied Art from the College of Art, University of Delhi.

Melak's work navigates the complex topic of identity, illusion, and self-reflection, frequently questioning the essence of truth and suffering as understood in Tibetan Buddhist philosophy. His personal interpretations of these teachings are ever-present in his art, which often reflects the contradictions between Buddhist theory and practice, both within Tibetan society and in the broader world.

In many ways, Melak's art becomes a mirror for his own spiritual and life experiences. Breaking away from traditional Tibetan mediums, Melak employs unconventional materials such as mirrors, prayer flags, stickers, candles, and national symbols. These everyday objects, rich with symbolic meaning, are integrated into his work with the same care as traditional pigments, offering a textured and multidimensional narrative.

Melak's art, whether displayed on Instagram or in exhibitions, is deeply contemplative yet accessible, offering a space where the personal, spiritual, and philosophical meet in harmonious tension. His journey as a Tibetan visual artist reflects a dynamic and evolving dialogue between his exile roots, Buddhist spirituality, and contemporary global art.



གཞིགས་ལོ།
2022

Digital Collage on
Water Colour Texture Paper

17 x 13 inches

\$59 USD



གཞིས་མོ།

2022

Digital Collage on
Water Colour Texture Paper

16 x 16 inches

\$59 USD

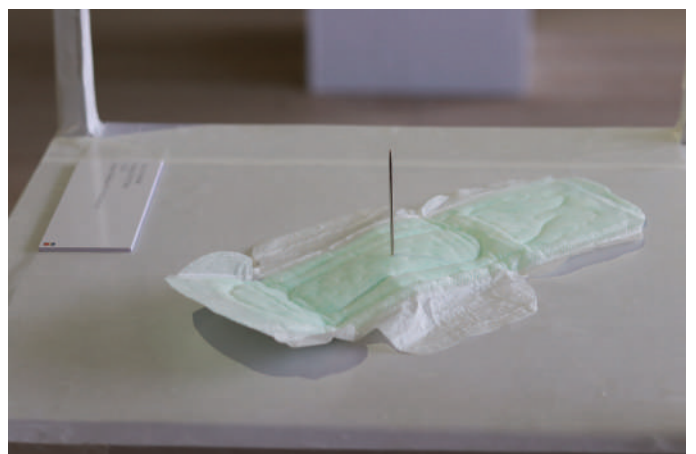


གསུམ་ལོ།
2022

Digital Collage on
Water Colour Texture Paper
16 x 16 inches
\$59 USD



Happy Birthday
2022
Mixed Media Art Installation
NFS



Description:

*"If I answer the questions,
Then questions come after the answers.
So, let the question be itself,
And keep the answers to yourself."*



ཚབ་ཚེན་མཚོད།

2024

Mixed Media Art Installation

NFS



Tenzin Tsering (Tenzoni)

Instagram: @tenzoni

Website: www.tenzoni.com

Tenzin Tsering is a Tibetan-Filipino illustrator and artist based in Toronto, Canada, celebrated for her vibrant use of color and dynamic storytelling through visual art. Drawing from the rich cultural heritage of Tibet and the whimsical world of comics, she creates immersive artworks in many creative fields such as mural painting, editorial art, book covers, and character design.

With a passion for blending traditional techniques and modern digital tools, Tenzin enjoys painting with gouache to bring a tactile and striking quality to her pieces. The bold hues and intricate details reflect a deep appreciation for both Tibetan artistry and contemporary aesthetics, inviting viewers into a vivid universe where tradition meets design.

She has created work for publications such as The Globe and Mail, The Walrus, and Rubin Museum of Art's Spiral Magazine. She has had the privilege to work with companies such as Kids Can Press, Thought Café, and Daniels Corp. Her work has been showcased on walls and galleries in New York, Toronto, and Dharamshala, garnering attention for its unique fusion of styles and cultural narratives.

When not creating, Tenzin can be found exploring the local art scene (sometimes tabling at events herself!), experimenting with new painting techniques, or collaborating with her friends at Fuelled by Coffee Collective. She believes that art is a universal language, capable of bridging gaps and fostering connections among cultural generations and hopes to reconnect with her heritage in that very way. With each piece, Tenzin invites viewers to embrace the joy of color and storytelling, offering a unique perspective on her own 2nd generation, multicultural experience.

Because after all, "The unexamined life is not worth living" - Plato



Act Naturally
2020
Gouache and Ink on Cardboard
11 x 17 inches
\$960 USD



Yak Boy
2019
Giclee Print on Epson Ematte Paper
(Digital Artwork)
18 x 24 inches
\$144 USD



A Capacity to Change
2023
Giclee Print on Epson Ematte Paper
(Digital Artwork)
18 x 24 inches
\$180 USD



Tsering Choden

Instagram: @tseringcd

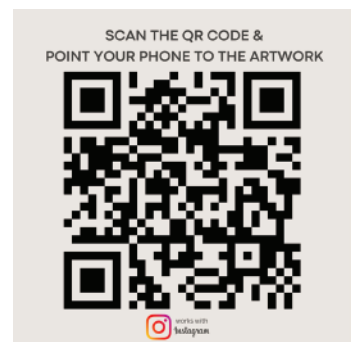
Website: <https://t-sering.wixsite.com/tsering/>

Tsering is a multidisciplinary artist and art teacher based in Singapore. With an interest in video and mixed media installation, she uses the imaginative value of art as a medium to make magic.

As someone born and raised in Singapore, I have always grappled with connecting to my Tibetan heritage. Borders We Cross leverages technology to traverse the psychological and physical borders that we often cannot cross. Through this imaginative fusion of my father's homeland with the familiar Singaporean landscapes of my childhood, I hope to bridge these distinct spaces to symbolise the fluid and adaptable nature of cultural identity. Growing up, I often wondered why we long for a country we have never stepped foot into. This is a homage to navigating our multiple identities and histories, without being confined by the past.



Borders We Cross
2024
Mixed Media/AR
90 cm x 59.4 cm
NFS





Tsultrim Tenzin

Instagram: @tsultrim.tenzin_

Tsultrim Tenzin (b. 1993, Nepal) is a representational painter based in the Eastern Shore of Maryland. His subjects include friends and family, Tibetan motifs, and everyday objects. Tsultrim aims to popularize Tibetan motifs and imagery in the discourse of representational paintings.

Tsultrim holds a BA in philosophy and studied art in the classical academic tradition. His works have been exhibited in galleries across the United States and are held in private collections.

My paintings are a collection of many observed moments—time spent in the presence of people, places, and objects familiar to me. The subjects, which include friends and family, Tibetan motifs, and everyday objects, are drawn from my immediate surroundings. In my work, you'll find simplified tones, bold brushstrokes, and striking colors inspired by the Tibetan art I grew up around. Each painting is an exercise in patience, translating time and space with brush and paint dabbed onto a canvas to reveal a picture that is still and not without intention. This translation is not an imitative act. I am neither concerned with literalism nor mimesis when I paint from observation.

Painting, above all, is a kind of exploration; it is a medium of expression that allows me, a recluse, to speak without speaking, through pictures that capture the objects of my interest and of my life. It is a slow process and a vulnerable kind of performance—being at the mercy of time and the subject before me. When I paint, I find myself having to reconcile feeling both ridiculous and wondrous by the mere act of spending long hours making a fuss and furor about lines, colors, and compositions as the world seems to move on without me.

Yet I still find myself exploring, being blissfully present to whom it may concern, in the joy of sharing a little magic, a little happiness, and my love since childhood of arranging colors and shapes in the right order to reveal a familiar world—even if it lasts for a brief moment. Perhaps by making an art of the menagerie of things I've nested my life with, I can nudge someone to appreciate the beauty of having been present and having been opened to the perspective of others amongst us.



Wake up, Tsultrim
2024
Oil on linen
11 x 14 inches
\$850 USD



Khadhok

A Tibetan Artists' Collective

Contact

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khadhokarts@gmail.com
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Tashi Nyima
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(What's App available)

UNSETTLED, Khadhok Group Exhibition 2024

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